

Examples of high-tech tools now available to assist one to remain at home safely:

AT&T Remote Monitor

- Webcams and sensors monitor living areas
- Receive alerts when door or windows are opened, motion is detected or water is leaking
- Can monitor temperature and control lighting
- \$299 for a starter kit, plus \$24.95 a month
- Cost may vary depending on the number of sensors needed
- (888) 333-6651
- www.atrm.com

GrandCare

- Sensor system tracks movement and monitors activities of daily living and wellness
- Consists of a central unit connected to a TV or monitor, and a source of internet
- Will provide a continuous display of news, weather, pictures, email, reminders etc. to the loved one's TV
- Can be accessed via the internet by remote family or professional caregivers to assess the wellness and safety of the loved one
- Can also be instructed to send an email, text message, or phone call to the caregivers if something is amiss
- Caregivers can also use the Web interface to send pictures, email or reminders to the loved one's TV
- Packages range from \$1,795 plus \$29 a month to \$3,495 plus \$59 a month
- (262) 384-4903
- www.grandcare.com

Healthsense

- Notes opening up of the medicine cabinet, refrigerator and front door
- Wireless pendants and pull cords used to call for assistance
- Wireless non-intrusive sensors to automatically detect a need for help or changes in health
- Advanced monitors and prompts for assistance with activities of daily living
- Telehealth capabilities to remotely collect readings for weight, blood pressure, and other physiological measurements
- Cost varies depending on the level of service required
- (800) 576-1779
- www.healthsense.com

ClarityLife C900 Amplified Mobile Phone

- The C900 is twice as loud as an ordinary cell phone and offers large buttons for easy dialing
- Amplifies up to 20 decibels (hearing aid compatible)
- See clearly with the large backlit screen and large text size
- Easily place and receive calls with large 4-button operation



HealthCare Options

"Personal Care for your Peace of Mind."

400 Crutchfield St. • Ste. A • Durham, NC 27704 • 919-477-2030 • 919-477-8409 fax

110 Hillsboro St. • Oxford, NC 27565 • 919-693-1846 • 919-603-1793 fax

www.healthcareoptionsnc.com • awilliams@healthcareoptionsnc.com

- In case of an emergency, get help quickly by pressing the red emergency button
- Built-in flashlight
- Cost: \$269.95 or \$185 with 1 year service plan
- <http://www.clarityproducts.com/products/listing/item3289.asp>

MD.2

- Monitored automatic pill dispenser
- When the alarm goes off, the MD.2 reminds the patient to take his or her medicine by voice message, text, light and hands out the right meds at the right time
- If the patient misses a dose, the MD.2 phones the caregiver after 90 minutes
- The MD.2 also phones the caregiver when it is time for a refill
- Fits easily on your kitchen counter, about the size of a coffeemaker
- Dispenses up to 6 times per day in convenient reusable cups (100 cups included)
- Stores 3-4 weeks of medications for most patients
- 3-way reminders: voice, text, blinking light
- Lockable cabinet keeps medications safe
- Early Dose feature allows dosing flexibility
- Built-in power backup (alternative power for up to 10 hours)
- Cost: \$844.95 plus \$29.95 per month for optional monitoring service
- <http://www.epill.com/philipsmd.html>

Loc8tor

- The handheld Loc8tor can find up to seven items that have radio-frequency identification tags attached at a maximum range of 600 feet
- Small enough to fit in a wallet
- Find mislaid possessions: technology guides you to within 2.5cm / 1" of lost items
- Alert mode can warn if tagged items go outside a user-set safety zone
- Miniaturized tags can be quickly and easily attached to almost anything with the key ring loop or adhesive strips
- Homing Tags and Panic Tags can both be used in Locate and Alert mode
- Tags give off audio beep and flashing LED to help locate
- Panic Tag enables someone to set off a distress alarm
- Cost: \$79.99 - \$169.99
- www.loc8tor.com

The Smart House

- 1,000-square-foot cottage with numerous safeguards
- Someone ringing the doorbell in the middle of the night? The camera outside the door will transmit to a cell phone an image of who's there
- Smoke? A voice will tell the occupant to evacuate
- Sensors track movement in the house to make sure that if Mother goes into the bathroom, she comes out. If she doesn't, a voice will ask if she's OK. No response? Then a call is placed to a caregiver or police
- Prices run from \$100,000 to \$180,000, depending on which of the four house styles is chosen, for a fully wired three-bedroom cottage (not including property cost)
- The modular houses are built in either of two factories and shipped, or can be built to Blueroof specifications on-site
- www.blurooftechnologies.com